

To the attention of those undergoing surgery

- 1) It is essential that patient has true understanding about surgical procedure, likely result and probable complications before giving consent to surgery. A detailed discussion with doctor regarding pros and cons of surgery is useful and mandatory..
- 2) For specific details regarding particular procedures are available in www.calicutentcentre.com. Printouts both in English and Malayalam are available in the reception.
- 3) Patient has to sign the consent expressing his or her willingness to undergo surgery prior to the procedure after going through the detailed referred to above.
- 4) Doctor should be informed regarding drugs taken if any by patient prior to surgery. Its further use should be as per the direction of the doctor. If doctor advises to take any new drugs it should be complied with.
- 5) It is advisable to contact doctor over phone one day prior to date of surgery
- 6) Hospital Admission : Whether patient requires admission or not and if requires how many days of hospital stay will depend upon factors like nature of surgery, condition of the patient, distance between patient's house and the hospital. Clear instructions will be given to patient prior to surgery.

Things to ponder before surgery

- 1) FOOD- Food or fluid intake should be stopped 5 hours before surgery.
- 2) Bath- Patient can have whole body bath on the day of surgery. Shampoo or antiseptic body wash can be used as instructed.
- 3) Drugs- Doctor should be informed about medicines taken by the patient prior to surgery. Its further use should be in accordance with doctor's instruction. Any new medicines prescribed by doctor should be taken for the specified period
- 4) Allergy- Doctor should be informed about allergy if any to drugs, food, dust or to any other things in the past.
- 5) Disease/Surgery-Doctor should be informed about diseases of the past and present as well as any surgery undertaken in the past.
- 6) Insurance- If patient has any medical insurance its details should be shared with doctor before surgery.

7) Documents - All documents related to ailment including doctor prescription, investigation reports, Xray, Scan etc should be brought to hospital at the time of surgery

After Surgery

1) Instructions of the Doctor regarding medication, rest and activity should be strictly followed.